

Boulmer Howick & Longhoughton

Longhoughton Parish Councillors wish you
A Merry Christmas and a Happy New Year!



Wellbeing walks are good for your health.

WELLBEING WALKS START IN JANUARY

Longhoughton Wellbeing Walks are designed for people of all ages who wish to improve their health and fitness. They will be held weekly and will be over a short distance and duration and at a speed to suit the slowest. The walks will be supervised by trained leaders who know the area well and will ensure that every participant is safe.

The Wellbeing walks start on Wednesday 8 January 2025 at 11am from the car park of Longhoughton Community and Sports Centre (Westfield Park). So, make a New Year's resolution to improve your health and wellbeing by joining these short walks which are designed for you. Initially the walks will be around Longhoughton village so no special footwear is needed. Longhoughton Wellbeing Walks are being promoted by Longhoughton Parish Council in partnership with Northumberland Health Trainers.

Included with this newsletter is a Wellbeing Walks questionnaire. If you are thinking of coming on the walks it would be helpful, but not essential, to know more about your needs and preferences, so please complete the questionnaire and follow the guidance on the form for getting it back to us.

Have a great Christmas and we look forward to seeing you on Wednesday 8 January 2025 at 11am. Everyone is welcome.



CONTACT YOUR COUNCILLOR

Boulmer Ward

Adrian Hinchcliffe (Chair)
01665 572888

One vacancy

Howick Ward

Chris Thomas 07869 330066
Jules Tilley 07835782321

Longhoughton Ward

One vacancy

Peter Bromley 01665 577071
(Vice Chair)
Bryan Ellis 01665 577973
Carole Green 01665 572610
Hannah Horsley 07733 338487
Peter McEwen 01665 572735

RAF Liaison

Laura Rowberry 03001 658427

County Councillor

Wendy Pattison 01665 579137

Parish Clerk

Elizabeth Taylor 01665 830040
parishclerk@hotmail.com
[Please contact the Clerk about the parish councillor vacancies.](#)

Websites

northumberlandparishes.uk/longhoughton
www.longhoughtonndp.co.uk

Newsletter Editors

Adrian Hinchcliffe
adrian.hinchcliffe@btopenworld.com
Chris Thomas (Design)
chrismclaythomas@gmail.com

Newsworthy items for the next edition, before the **deadline on 16 January**, please.

Disclaimer: The Boulmer, Howick and Longhoughton Community Newsletter is published by Longhoughton Parish Council. The views expressed represent the understanding of the editors or of any named person contributing to the newsletter.

PARISH COUNCIL NEWS

PROGRESS WITH THE NEIGHBOURHOOD PLAN

Providing Affordable Housing is the issue at the centre of our focus at the moment. Of the 34 new houses that are proposed in the plan between now and 2036, the Steering Group want a good proportion to be classed as affordable, and so we are taking the time to talk to the landowners and those organisations implementing the plan. The plan is shortly going to the County Council for further assessment before it is put before an Inspector. Following that there will be referendum for all residents.

2025 JOINT COMMUNITY EVENTS

Following the success of the Longhoughton Summer Fete in 2024, along with the Coronation and Queen's Jubilee in the two previous years, the availability of funding for 2025 is drastically reduced. We are considering what we can offer with a reduced budget to bring the community together. A meeting of all community organisations in Longhoughton will be called to talk through ideas in the near future.



PARISH COUNCIL VACANCIES

There are vacancies for Parish Councillors at Longhoughton and Boulmer which the Parish Council would like to fill. Anyone over the age of 18 can apply. The positions are voluntary and involve giving service to the community. If you are interested or would like more information please contact either Liz Taylor the Clerk to the Parish Council on 01665 830040 email parishclerk@hotmail.com, or Adrian Hinchcliffe on 01665 572888 or email adrian.hinchcliffe@btopenworld.com

PARISH COUNCIL MEETINGS

The next two meetings will be:

Monday 20 January 2025

Monday 17 February 2025

Both commence at 7.30pm at the Longhoughton Community and Sports Centre (Westfield Park). The first 15 minutes is devoted to any questions or queries from residents.

FOOTPATHS AND GREENWAYS

The parish council is seeking to recruit a volunteer Footpaths and Greenways Co-ordinator to take over and develop the role from Chris Thomas, who has held the post since 2018 and is taking on new responsibilities in 2025. Applicants will be offered induction and support from Chris as needed.

For more information please contact him: 07869 330066 chrimerlaythomas@gmail.com

GRANTS FOR COMMUNITY VOLUNTARY ORGANISATIONS

Longhoughton Parish Council invites applications for grants from community voluntary organisations. These can be for setting up a new organisation or help with existing organisations. They must be within the Parish (Longhoughton, Boulmer or Howick) and for the benefit of residents of the Parish. The Parish Council is keen to see more groups created. Applications must be sent by email to Liz Taylor the Clerk to the Parish Council on email parishclerk@hotmail.com and received by Monday 13 January 2025. Applications should describe what the grant will be used for and should be no longer than 80 words.

SUPPORT FROM MGL GROUP

The MGL Group who run Longhoughton Quarry, have given tremendous support to the Community and Sports Centre for its activities over the Christmas period. Support has been given for the Community Christmas Lunch, the Children's Christmas Party and the Thursday Together Christmas Party. The Trustees of the Centre are very grateful for this help which is very much appreciated.



NHS Health Checks

14 people have used this service over the three sessions held since June 2024. No appointments are needed. We are hoping to hold the next session in February 2025.

PARISH COUNCIL NEWS

SPEEDWATCH 14% CAUGHT SPEEDING

Four Speedwatch sessions were held in Longhoughton in early to mid November and identified 38 motorists who were speeding in the 20mph zone and two were doing almost twice the speed limit. This number was 14% of the overall number of motorists observed. Those caught speeding are reported to Northumbria Police for action to be taken.

The new automatic speed indicator on Station Road just west of the railway arch is helping motorists to reduce their speed as they approach the village. The Parish Council will apply for a similar indicator on South End near Longbank Farm, a known area for speeding. Please remember that the Speedwatch Team are volunteers who are helping to keep Longhoughton a safe place to live.

PRESCRIPTION PICK-UP FROM THE COMMUNITY AND SPORTS CENTRE

Alnwick Medical Group has a scheme for repeat prescriptions to be picked up from the Longhoughton Community and Sports Centre on Tuesdays and Thursdays each week between 1pm and 2pm. This saves patients going to either Alnwick or Embleton. The more people that use this service the better. We want it to be sustainable otherwise it will be lost.

HELP WITH USING COMPUTERS AND MOBILE PHONES

Do you have difficulty using computers, tablets or mobile phones. Many people admit to this and are not getting the best out of using their machines. We want to help people in this situation, and could set up a service using volunteers willing to help and who could be called 'Information Technology Champions'. We are working with Community Action Northumberland to get this started and they have already given us some equipment that we can use for training. The starting point is hearing from anyone who would like to benefit from such a group and from people who are well versed in using such equipment who would like to help guide others. Please contact Adrian Hinchcliffe on 01665 572888 or email adrian.hinchcliffe@btopenworld.com

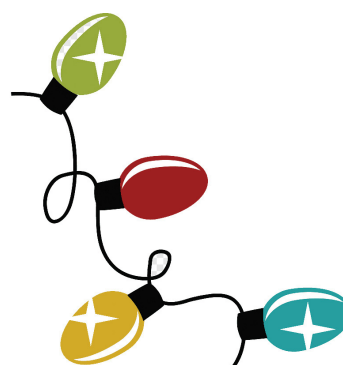
RECOGNISING PEOPLE IN NEED AND IN POOR HEALTH

People who are in need along with those in poor health and those who find themselves in unfortunate circumstances will again be given

a gift this Christmas. The funding has come from Longhoughton Parish Council, Longhoughton Community and Sports Centre Trust, RAF Boulmer, the MGL Group (Longhoughton Quarry) and Alnwick Lions. We are very grateful to these organisations.

REMEMBERING THOSE WHO GAVE THEIR LIVES FOR US

The Annual Remembrance service was held at St Peter and St Paul's Church Longhoughton on Sunday 10 November 2024. The cascade of poppies produced by residents four years ago was again draped over the broken stone monument and on the Church gates. It helps us all to remember those from Longhoughton and Boulmer and Howick who gave their lives for us in the two World Wars. The poppy cascade was erected by volunteers Amie and Iwan Read and Adrian Hinchcliffe.





LONGHOUGHTON COMMUNITY GARDENERS

Longhoughton Community Gardener volunteers have, once again for the second year, planted 6500 crocus, daffodil and tulip bulbs around the village and in the planters. We would have another 500 tulips but unfortunately they were stolen from the verge before we started work!

The bulbs cost £800 and the funding was secured from the Coop, Community Chest and the Running Fox. We had a lovely day for it and there were 30 of us including two young families. Afterwards we all enjoyed well-deserved soup and cakes at the community centre. Once again many thanks to Longhoughton WI for their invaluable support in the kitchen.

You will have seen the high-viz jackets of LCG around and about in the village weeding, clearing leaves, strimming and generally continuing to make the village look better, and at the Community and Sports Centre where a site has been agreed for a community orchard. Work has commenced clearing the area and building a dead hedge for wildlife and application for funding is underway.

If you would like to help with this or any aspect, we are always looking for help with funding applications, social media and general admin as well as gardening so if you can give anytime however little, please get in touch with us. Gill Bromley

LONGHOUGHTON AND BOULMER WI

Our Autumn season continues with a mixture of activities enjoyed by us all. On November 5th our monthly meeting celebrated the very special birthday of one of our most faithful, long serving members, Joan. We enjoyed an afternoon of fun, with delicious food and a wonderful bespoke cake made by Janet, Joan's sister. We taxed our brains with a Joan-themed quiz, resurrected some old party games and found ourselves dancing to some tunes of yesteryear. A fabulous, memorable afternoon for all.

We shared coffee and cake at Alnwick Golf Club on 12 November and will venture forth to Edinburgh to share in the festive delights of the Christmas market, seen against the backdrop of the imposing Edinburgh Castle on Wednesday 20 November.

December will allow us to share in our annual Christmas lunch, to be held this year at the Dunstanburgh Castle Hotel on Tuesday 3 December. We will gather together with the local WIs of the Northumberland Federation on December 5 for a Carol Service in St Nicholas Cathedral in Newcastle. An uplifting event that marks the real meaning of the season.

We have been glad to support two community events in November, serving soup and cakes for the bulb planting initiative organised by the Community Gardening Group on Sunday 10 November and providing refreshments at the Christmas Fayre in the Community and Sports Centre on Saturday 23 November.

As ever, we would welcome new members as 2025 dawns and Jayne Knight our secretary can provide you with additional information (07341446665) - our first meeting will be a Quiz on Tuesday 7 January at the Longhoughton Community and Sports Centre at 2:00pm.

All of our members join me in wishing you all a joyous and peaceful Christmas and a happy, healthy New Year.



LONGHOUGHTON NEWS contd

LONGHOUGHTON HERITAGE GROUP

Thank you to everyone who visited or contributed to our exhibitions this year, and we are looking forward to doing more in 2025.

Below is a glimpse from old newspapers of Longhoughton entertainment from past winters:

Newcastle Journal, 22nd November 1845

The members of the Longhoughton Amateur Band and their friends held a tea-drinking and ball on the evening of yesterday week, the house Mr J Elder, Longhoughton. About eighty partook of the exhilarating beverage. The ball was kept up with spirit until an early hour the following morning, when the company separated, highly delighted and gratified with the entertainments. The band performed several favourite and select pieces of music at intervals. On the same evening, the ex-members of the band and their friends dined together at the house of Mr. Bell, Blacksmiths' Arms, Longhoughton, and spent the evening very agreeably.

LONGHOUGHTON COMMUNITY AND SPORTS CENTRE Community Wellbeing Room

Longhoughton Community and Sports Centre Trust is pleased to announce that the conversion of a small meeting room to a Community Wellbeing Room is now complete. The newly re-styled room offers comfortable seating and generous space for treatment tables. Therapy providers will benefit from very competitive rates and flexible terms.

Contact the Trust to find out more about its introductory offer to help new hirers build up their client base, including promotion via the Trust's social media and noticeboards.

The Wellbeing room provides a warm, private space in the Community Centre for local community wellbeing purposes such as:

- Reflexology
- Indian Head Massage
- Reiki
- Acupuncture
- Massage
- Cupping
- Counselling
- Physiotherapy
- Beauty therapies
- Prescription pickup services
- Health checks



If you'd like more information, please contact enquiries@longhoughtoncommunitycentre.org, or leave a us message on 01665 572315. Look out for treatment taster sessions via social media and local posters in the coming weeks.

Christmas Programme

It is celebrations all the way for children and adults this coming Christmas at the Community and Sports Centre. Here is what is on:

Children's Christmas Party Saturday 14 December 11.30am to 2.00pm. Children up to 12 years old accompanied by one parent. Food, gifts and a visit from Santa. Professional entertainer.

Christmas Quiz. Saturday 14 December from 6.45pm with pizza van in attendance.

Community Christmas Lunch. Wednesday 18 December 12 noon.

Thursday Together Christmas Party. Thursday 19 December 11.30am to 1.00pm. Live music.

Children's Christmas Movie. Saturday 21 December at 1.00pm. Children up to 12 years old accompanied by one parent. Drinks and popcorn.

Thursday Together Presentations

The Thursday Together weekly sessions commence on Thursday 5 December 2024 at the Longhoughton Community and Sports Centre (Westfield Park) from 11.30am to 1.00pm. Each week guest speakers will give a talk on a variety of interesting subjects. For December to mid-January the speakers are as follows:

5 December 2024 – Researching your family history. Linda Bankier, Berwick Archivist.

12 December 2024 - Online Scams and Identity Theft. Chris Balfour.

19 December 2024 - Christmas Party with live music from local musicians.

9 January 2025 – A day in the life of a shorebird on Boulmer Beach. Katherine Dunsford.

16 January 2025 – Northumberland Coast Conservation Team Volunteers. Emma Wilson

23 January 2025 – 1,510 miles of absolute pleasure. Adrian Hinchcliffe

Everyone is welcome – please take advantage. **ALL FREE.**



BOULMER NEWS

HIRING BOULMER MEMORIAL HALL

Christmas Craft Fair: 1 December 2024 from 11.00am to 3.00pm.
A superb range of stalls – **do not miss this event!**



BALLance every Thursday from 6.00pm to 7.00pm

The BALLance class aims to give your spine a smile by working trigger points along the spine help reduce pressure in between the discs, reduce stress and improve posture. Contact Sophie at fusionfitnessbysophie@gmail.com to book your place or for more information.

Hire Boulmer Memorial Hall for your celebration – Booking or information from Nancy Robinson by email on tomsmum@icloud.com or send a message via the Hall Facebook page.

HOWICK NEWS

HOWICK VILLAGE HALL

Film Club: Please email John Roper johnroper1@btinternet.com to join the club mailing list and find out which films are showing and when. Donations only are suggested at £5.00.

Craft Club: For details call Audrey Jamieson on 01665 577797.

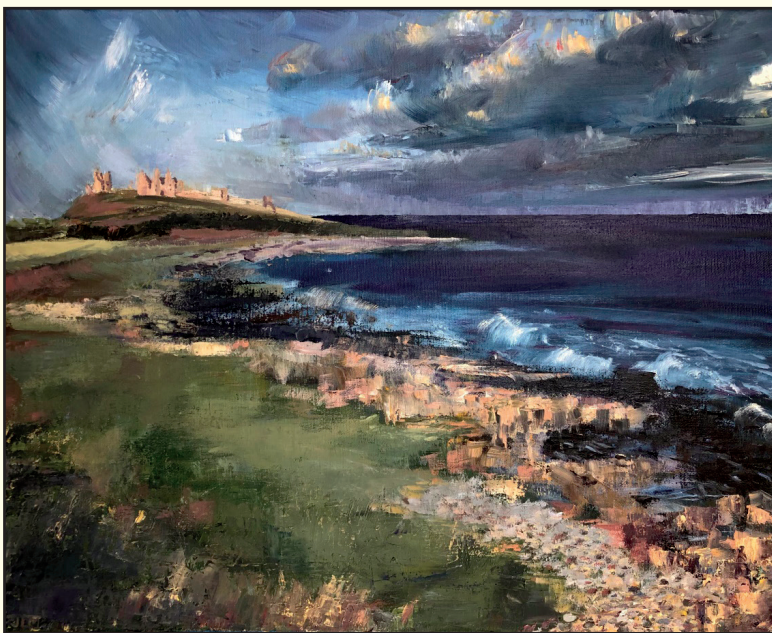
Howick WI: Meets on the first Wednesday of the month at 7pm. Contact Jeanette Archbold on 01665 577384

Village Hall booking

Jane Doleman 01665 577801

Howick Art Group: We welcome new members. We meet on Monday mornings in Howick Village Hall, 09.45 to approximately 13.15. Our annual subscription at present is £80 which includes rental of the hall, the running of two exhibitions per year (one in the spring, usually over the Early Spring Bank Holiday, and one over the August Bank Holiday), visiting tutors, workshops and refreshments. If you would like to join our group, please contact us via our website at: www.howickartgroupnorthumberland.com

Howick Art Group celebrate the work that members do. Here is a painting titled *Drama at Dunstanburgh* by Janet Moloney.



LONGHOUGHTON PARISH COUNCIL IS ON SOCIAL MEDIA

Search for Longhoughton Parish Council on Facebook, and Longhoughton pc on Instagram.



PROUDLY
SUPPORTING
THOSE WHO
SERVE.